Bale Tote There were two bales to carry, the "light" yoke 1300 lb (589 kg), or the "heavy" yoke 1544 lb (700 kg). The bales were huge cotton bales strapped together. The light one had to be carried on the shoulders for 10 feet (3 meters) to qualify. The heavy bale had to be carried 15'7 to finish the course.

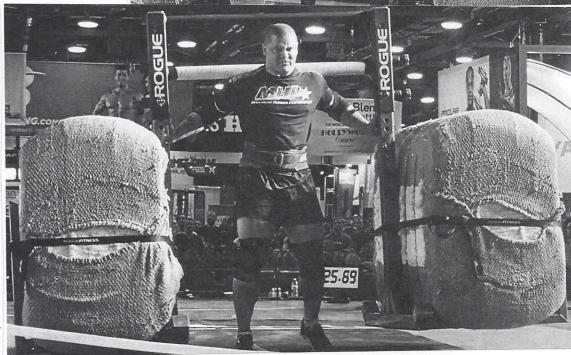
Each man had to carry the light yoke to qualify for the final with the heavy yoke. **Hall** was already out injured so only **Lysenko** couldn't qualify; he carried the 1300 lb yoke 4'6 and 9th place for his effort.

With the big yoke **Savatinov** and **Shivlyakov** couldn't finish the course so got 8th and 7th respectively but the official placings showed Shivlyakov toting the bale further than Savatinov so something's out of whack. **Kieliszkowski** took 3rd with a quick run of 17.72 seconds. **Savickas** hustled to finish in 16.5 seconds but **Shaw** tore down the course in 8.9 seconds to show his definite superiority in this event.

Photos: Shaw, Bjornsson and Kieliszkowski.



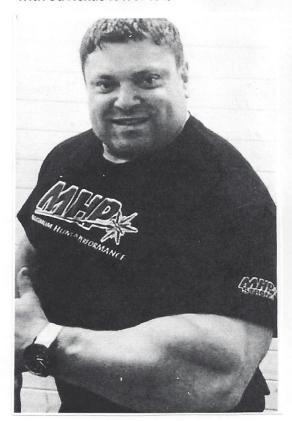


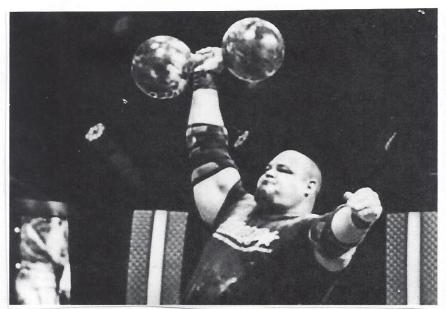


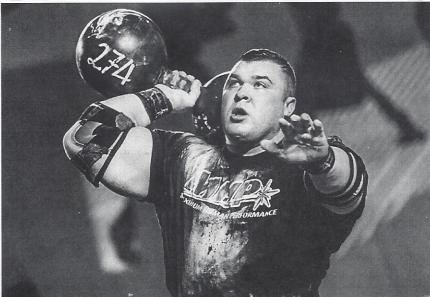
Cyr Dumbbell Lift Louis Cyr, a French-Canadian lumberman strongman of the 19th century lifted a 273 lb (124 kg) dumbbell, later named the Cyr Dumbbell, overhead with one hand after getting the weight to his shoulders with two hands. commemorate the famous lift and strongman, Terry Todd the meet director, offered up two dumbbells for this contest. The lighter one was 274 lb (124.5 kg) and the heavier was 300 lb (136.5 kg). Both dumbbells had a 15/8" thick handle that didn't rotate.

Lysenko was the only man to not get even one rep with the lighter weight. Only three men could lift the 300 lb dumbbell overhead. Savickas hefted it for only one rep, a surprise that he did only one rep, and took 3rd place. Kieliszkowski was a pleasant surprise with two reps for 2nd and Shaw won with three reps.

Photos: Shaw, Lalas, Kieliszkowski with Savickas lower left.









Timber Carry A huge 1102 lb (500 kg) wooden apparatus was carried up a 35-foot (9 meters) ramp that rose about three feet in height from start to finish. This event is similar to a farmer's walk wherein two weights are carried one in each hand whereas the timber was all one piece. There was a 30 second time limit to complete the course and dragging the timber was not allowed.

This event would decide the overall champion. Savickas was second to Shaw by four points before this event. If Savickas wanted to be overall champion badly, and he did, he'd have to win this event and Shaw would have to finish no higher than 5th place. The fight was on!

Only five men could complete the entire course: Shaw was 5th in a respectable time of 18.62 seconds. Kieliszkowski hurried home in 16.16 for 4th. Hafthor Bjornsson was really fast with 14.31 seconds. Would it hold up for the win? Savickas put the pedal to the metal and roared home in 13.0 seconds for the win!

Photos: Savickas, Lalas and Kieliszkowski.



